As an award-winning writer, Patricia's work has appeared in dozens of newspapers, magazines and journals including, Southern Writers, The Oak Ridger, The Oak Ridge Observer, the Knoxville News-Sentinel, The Writer, Blue Ridge Country, Mature Living, The Notebook, and various anthologies. She has won awards for her poetry, fiction, and non-fiction writing, including first place in the novel category from the Knoxville Writers Guild in 2014 for her contemporary romance. Other writing/editing accolades include:

- Three articles and an essay published in Southern Writers Magazine. (2015)
- Recipient of Oak Ridge Arts Council Award in 2013 for her contribution to the literary arts as one of the founders of the Tennessee Mountain Writers.
- One of 20 writers included in the book Tennessee Women of Vision and Courage, published in 2012, for her entry about nuclear scientist Elizabeth Rona.
- Past Chairman of Tennessee Writers Alliance (TWA)(1996)
- Editor of the first TWA anthology (1996)
- Founder and Executive Director of Tennessee Mountain Writers, a non-profit writing organization (1989-2002)
- Past President of East TN Chapter of Society of Professional Journalists (1992)
- American Cancer Society's statewide Best Media Coverage Award (1991)
- Roane County Chamber of Commerce's Athena Award for "Outstanding Business Woman of the Year." (1990)
- Winner of a Tennessee Press Association Award (1988)
- Tennessee Outdoor Writers Association's Writer of the Year (1987-88)
- Former Creative Writing Teacher for Roane State Community College
- Former Board Member of the Dixie Council of Authors \& Journalists
- Contributor to Children's Museum (Oak Ridge, TN) publications, including An Appalachian Studies Teacher's Manual and An Encyclopedia of East Tennessee.
- Author of three books: a travel guide to East Tennessee (Joy in the Mountains [1982]); a guide to writing for small-town newspapers (Writing for your Home-Town Newspaper [1994]); and a contemporary romance (A Place for Lovers [2015]).

